



2016

Delta Region High Performance

2015
DELTA
REGION
CAMP
PARTICI-
PANTS



The Delta Region High Performance Camp is designed for players who have been identified as having the potential to travel up the USA Volleyball Athlete Pipeline as their careers progress. The Delta Region High Performance Program is a regional branch of USA Volleyball's National HP Program. The Delta Region HP Camp is operated to provide junior athletes with high-level training and skill development with some of the top coaches in the region and country. The Delta Region HP Camp is a 2-day training camp that includes sustained athlete training that is consistent with USAV National criteria and standards.



January 2016



2016 Delta Region High Performance News

PURPOSE AND MISSION OF THE DELTA REGION HIGH PERFORMANCE PROGRAM

The Delta Region High Performance Program is designed for players who have been identified as having the potential to travel up the USA Volleyball Athlete Pipeline as their careers progress and is a regional branch of USA Volleyball's National HP Program.

The Delta Region hosts an Invitational High Performance (HP) Camp each May for the top athletes in the region, ages 12-16. The Delta Region HP Camp is operated to provide junior athletes with high-level training and skill development with some of the top coaches in the region and country. The Delta Region HP Camp is a 2-day training camp that includes sustained athlete training that is consistent with USAV National criteria and standards.

Throughout the season, athletes are given an opportunity to try-out for one of the minimum 72 spots offered for the invitational camp. Only those who receive invitations through the tryout process may attend the camp. The region strives to keep the number of athletes on one court to a maximum of twelve (we hold the camp in a 6-court facility). The number chosen per age group will be determined by the quality and quantity of the athletes trying out. In the 2015 camp fourteen were chosen from the Future Select group; thirty-six from the Select group; and twenty-six from the Youth group. Until the tryout process has been completed we cannot be sure of the exact number for each age group. Last year's camp included 35 college and elite-level coaches working the camp for a player/coach ratio of 2.1.

A complete list of the five tryout dates will be listed on the Delta Region Calendar of Events as details are finalized (around February 6), with the first tryout scheduled for Fayetteville, AR on February 19th.

Due to the overwhelming response we had at some of our tryouts last season, each tryout will be limited to a certain number of athletes dependent upon the number of evaluators we have working & the court space available. In addition, new this season, **athletes may only participate in one tryout**. Rationale: In the past, we have seen very little rating differences from those athletes that attended more than one tryout. This is a waste of the parent's time/money and should allow additional athletes to participate in an environment where evaluators can have adequate time to see all athletes during the tryout process.

AGE DIVISIONS FOR ATHLETES

The Delta Region HP Program includes players in three age groups that are based on the birth year of the athlete. These age groups are determined by an athlete's year of birth using mandatory international criteria. Athletes may only try out and play in their own age group—there is no “playing up.”

*Boys are invited to try out for the Future Select division only.

Age group classifications are as follows:

Girls' Youth- Girls born in 2000 and 2001

Girls' Select- Girls born in 2002 and 2003

Boys & Girls' Future Select- *Boys & Girls born in 2004 and 2005 or later

WHY ARE OLDER PLAYERS NOT INVITED TO THE CAMP?

Through much discussion, it has been decided to only offer the camp to athletes up to the age of 16. It was determined that the older athletes have many more opportunities for training. Plus, focusing on our younger athletes will not only strengthen their personal skill level, but will also increase the level of play within the Delta Region for years to come.

SPECIAL REQUIREMENTS FOR FUTURE SELECT PARTICIPANTS

Future Select participants will be expected to tryout using a *regular volleyball* (not a volley-lite), the net will be higher than they play on in the regular season – 7'4 1/8", and they *will not be allowed to step in to serve*. These are the standards set by the National HP Program. Registered boys may try out for the Future Select Division.

PROGRAM OVERVIEW AND PROJECTED FINANCIAL COMMITMENT

The 2016 Delta Region High Performance 2-day Camp will be held at the Don Owens Center in Conway, Ar. The camp will be held Saturday, May 28 thru Sunday, May 29. Yes, I know this is Memorial Weekend--but, due to the restrictions of our D1 coaches during their dead period—this was the only date we could schedule in order to allow them to attend. Registration for the camp will continue to remain at \$185, which must be paid at time of registration. A registration link for the camp will be provided at time of selection. Participants are responsible for their own travel and accommodations.

SCHEDULE FOR THE CAMP

Saturday, May 28:

Check-in 8-8:30am
1st session: 8:30-12:00
2nd session: 2:00-5:00
3rd session: 6:00-9:00

Sunday, May 29:

Worship Service: 8:00 (optional)
Roll Call at 8:30
1st session: 8:30-12:00
2nd session: 1:30-3:30
Awards Presented: 3:30-4:30

COACHES FOR THE DELTA REGION HP CAMP

Delta Region High Performance coaches teach the systems and techniques used by our USA Volleyball National Teams. In addition, the drills and games used at the camps will be modeled directly from the daily training sessions of our National Teams. The volleyball activities in which you will participate at a Delta Region HP Camp will often be exactly the same as what the National Team members are doing in their practice the very same day in Anaheim, California.

Coaches selected to work the Delta Region High Performance camp include current college and top club coaches from across the nation. All Delta Region HP coaches are experienced, knowledgeable, and highly-trained teachers of the game of volleyball. Already committed to being at the camp are coaches from Arkansas State, University of Arkansas, Mississippi State, University of Central Arkansas, Southern Arkansas University, Missouri Southern, Arkansas Tech, University of Memphis, Arkansas University/Pine Bluff, Belhaven University, Lyon College, Hendrix University, Stephens College, Bethel University, Eastern Illinois University & John Brown University... just to name a few.

TRYOUT REGISTRATION

In order to be considered for the 2016 Delta Region HP Camp, candidates must attend a Delta Region HP Tryout. Not all who tryout will be selected for the camp. Only the top 72 athletes *from all of the tryouts* will be selected to attend the camp. Registration will be limited on a first come basis. If a tryout is listed as "closed", this means we have reached our maximum number of participants for that particular tryout. You will need to register for another tryout.

Tryout dates have not been listed yet nor has registration opened. As soon as details are finalized, dates will be posted on the Delta Region calendar and registration will open in Webpoint. **At that time**, if a player is interested in trying out for a camp spot, they will need to pre-register by logging into their USAV Member account and then clicking on Region Events/ Region HP Tryouts (*do not click on USAV HP Camp & Tryout— that is for the national HP programs*). A non-refundable tryout fee of \$20 must be paid when registering. Rationale: the \$20 tryout fee helps to subsidize some of the expenses of the tryouts.

DECISION PRIORITY

At times, athletes or their families believe that the athlete should have been invited to attend the Delta Region HP Camp. Please remember that there are multiple evaluators at Delta Region HP tryouts, which means that HP Directors received feedback from a number of coaches on each athlete in order to determine program placement. Tryout evaluations are combined from all tryouts from each age group and then players are ranked based on overall skill, positional skill, athleticism, and potential. Delta Region HP evaluators typically work tryouts at a number of locations across the region and are experts at volleyball evaluation. Many athletes who try out for the Delta Region High Performance Program are all-stars on their school teams, the top player on their club teams, and top point scorers on any team on which they play – High Performance is competitive, which is one of the things that make the program so special.

TRYOUT RESULTS POSTING PAGE

Tryout results will be posted on the Delta Region website at www.deltavolleyball.net under the HP tab **on Monday, April 18 (no decisions will be made until all tryouts are completed)**. It is the responsibility of the athlete to check the Delta Region website to determine if an invitation to attend the camp has been made. The athlete will have until **April 25 at 4:00PM** to accept the invitation and submit the \$185 camp fee. If the invitation is not accepted by the deadline, the athlete will lose their spot for the camp and the invitation will be issued to another athlete. There will be no refunds issued after the April 25th deadline. As such, these invitations are extremely time-sensitive – **YOU WILL ONLY HAVE UNTIL 4:00PM on April 25 to REGISTER BEFORE YOUR SPOT IS GIVEN AWAY TO ANOTHER ATHLETE.**

If invited to attend this year's HP Camp, please be sure to pay attention to the instructions on how to register and the applicable deadline. Once the deadline has passed for your invitation, you will lose the opportunity to attend the program and another athlete will be invited.

ALTERNATE INVITATIONS

At times, someone issued an invitation does not accept. In this case an alternate athlete will be contacted to fill the open spot. Alternate athletes who are issued an invitation will need to register online for their spot **within 48 hours**. It is essential that anyone who is notified of being an alternate attend to the posted deadlines so as not to lose an opportunity. In addition, all invitations from the alternate list are made by e-mail only, so be sure to register for tryouts with a valid e-mail and check that e-mail daily after tryout results posting.

NO INVITATION TO THE DELTA REGION HP CAMP?

Delta Region High Performance works to advance volleyball talent and build a broad and strong pipeline of athlete and coaches for our USA Olympic Teams. While Delta Region HP strives to allow as many athletes the opportunity to participate as possible, unfortunately not every athlete will be afforded an opportunity for that particular year.

Understand that athletes who attend Delta Region High Performance tryouts are, on the whole, a more advanced group of volleyball players than one finds at junior high, high school, or club volleyball tryouts. Most athletes who try out for Delta Region HP are seasoned club players; every player has made the decision to take the time to try out; and most all have made the decision that the opportunity to play volleyball at a higher level is something that they desire. Delta Region High Performance Programs showcase the most competitive volleyball in the region, and unfortunately not every athlete will have the opportunity to play in a given year.

Athletes who do not make a program should not be discouraged. Delta Region HP values highly hard work, determination, and improvement over time. Every year is a new tryout year and Delta Region HP looks forward to athletes trying out in the following year and working to make a program. In the meantime, athletes who do not make Delta Region HP Program should contact their club for camps local to their geographical area. There are excellent camps being operated in all parts of the country – your club director can help with identifying a great place to train over the summer.

SHOULD I TRYOUT FOR A NATIONAL HP PROGRAM?

As you travel to Qualifiers throughout the United States, you will see information telling you of a tryout being held for the National HP Program. If you can make it to one of the tryouts, it is usually a good experience. The USAV National HP Program is an excellent experience and if you receive an invite to either the **NT, NTT, A1 or A2** camps, we would strongly encourage you to attend (if your parents can afford it). If you receive invites to the CT, A3 or SP camps **and you do not receive an invite to the Delta Region camp**, you *might* want to attend. There are always quality instructors at the lower division camps and the USAV camps are good---*but, if given the choice...* I suggest you attend the Delta Region HP Camp instead...it's closer to home, cost less, has more college coaches working the camp, and you will be training with some of the best athletes in the Delta Region! Note: The National HP Programs include boys at every age level and also includes older female players; Women's Junior division for players born in 1998 or 1999 (which the Delta Region doesn't offer).

Below is the USAV HP Program acronyms and what they mean to help you with your decision making when you are contacted after the tryout.

1. Gender – The first letter of the acronym refers to the gender of the athlete - male or female. Men's programs start with a "B" (boys) or "M" (men's), while women's programs start with a "G" (girls') or "W" (women's).

2. FIVB Age-Group Classifications– The second letter of the acronym refers to the age group of the program:

"J" for Junior

"Y" for Youth

"S" for Select

"FSL" for Future Select

3. USAV HP Program [BOYS] [GIRLS] – The final 2-3 letters refer to the program, listed below in order of program level:

"NT" or "NTT" – Top level of programming offered in the country, "National Team" or "National Training Team"

"A1" – Top level of programming for the Select age group, National Training Team Level. Athletes in this level are in top consideration for a spot in the Youth or Junior National Team Programs the following year.

"A2" – A2 National Invitational Team Program

"CT" – Continental Team Program, level equivalent to [Region HP Programs](#) for athletes who come from USA Volleyball Regions that do not sponsor a Region High Performance Team that attends HP Championships

"A3" – A3 National Training Program

"SP" – National Skills Program